

## Checklist: Accessibility on vacation How to travel safely and comfortably

A barriere-free vacation starts with good planning. This checklist will help you consider all the important aspects - whether you are traveling with limited mobility yourself or with family members.

## **1.** Personal requirements: What is really needed?

- Do we need **barrier-free** or **wheelchair-accessible** access?
- Is the **route to the accommodation or place of interest** accessible for wheelchairs or rollators?
- Do you need a **cab or transport service** for certain routes?
- Do you need a **refrigerator for medication**? (e.g. mini cool box for the car)
- **How much exercise** is **realistic** and comfortable for the person you are accompanying?

#### 2. Accommodation:

### Is the hotel barrier-free / wheelchair accessible?

- Search specifically for "barrier-free" or "wheelchair accessible" when booking (e.g. on booking.com or Airbnb)
- Contact the hotel or accommodation directly if you are unsure
- Read **reviews from other travelers** with limited mobility
- Ask about:
  - o Ground-level access?
  - o Elevator available?
  - o Barrier-free bathroom?
  - o Door width/turning circle for wheelchair?



# **3. Travel: Use airport or train barrier-free**

### Airport:

- Request assistance service with airline/airport at least 48 hours before departure
- Arrive early: 2 to 2.5 hours before departure
- Use:
  - Personal assistance
  - Wheelchair pick-up
  - Assistance with check-in & security
  - Barrier-free sanitary facilities

#### Train:

- Request mobility service for instance with Deutsche Bahn (600+ stations) or ÖBB/Austrian Federal Railways (150+ stations) at least 24 hours in advance
- Use timetable information with accessibility filter
- Register assistance dog & assistants (with ID) free of charge
- Check availability of wheelchair spaces and barrier-free toilets

# 4. Use digital tools & apps

- Wheelmap.org → Places with barrier-free access (incl. app)
- Activate **Google Maps**→ "Accessible places" function (in app under "Accessibility")
- AccessibleGO→ Platform for accessible hotels & destinations (especially USA, but growing internationally)
- **HandicapX**→ Find accessible toilets in the area
- Regional pages:
  - o <u>urlaub-barrierefrei.at</u> (Austria)
  - o <u>reisen-fuer-alle.de</u> (Germany)



#### 5. Book tickets online in advance

- Secure tickets for museums, exhibitions and attractions in advance
- Check access information: Are there **step-free entrances** or **wheelchair-accessible entrances**?
- Report directly to the staff on site: There is often preferential admission or shorter routes
- Avoid queues = more time & energy for your visit

## 5 6. Have emergency information at hand

To enable emergency services to act quickly in an emergency – even if you are unable to speak or respond:

- Set up an emergency ID on your smartphone (e.g. Apple Health, Medical ID (Android), ADAC emergency pass, emergency ID app)
- Store your blood type, allergies, medications, chronic conditions, and implants
- Save your **emergency contact** (ICE)
- Make the app accessible from the lock screen
- Inform your travel companions where important information is

**Tip:** A QR code bracelet or emergency card in your wallet can also be helpful, especially when traveling abroad.

# 7. Time management: Better early than too late

- Arrive on time:
  - o **30-60 minutes** before at the station
  - o **2-2.5 hours** before at the airport
- Allow enough time for registration, routes and security checks. This will enable the mobility service to provide reliable support without any hassle.



Planning is important - but a vacation should also be fun. Take the time to **travel well prepared and relaxed**. Digital tools, friendly inquiries and a little buffer time help to avoid barriers and really enjoy new places. **The SmartBuildingsCompass.com team wishes you a great, barrier-free vacation!**